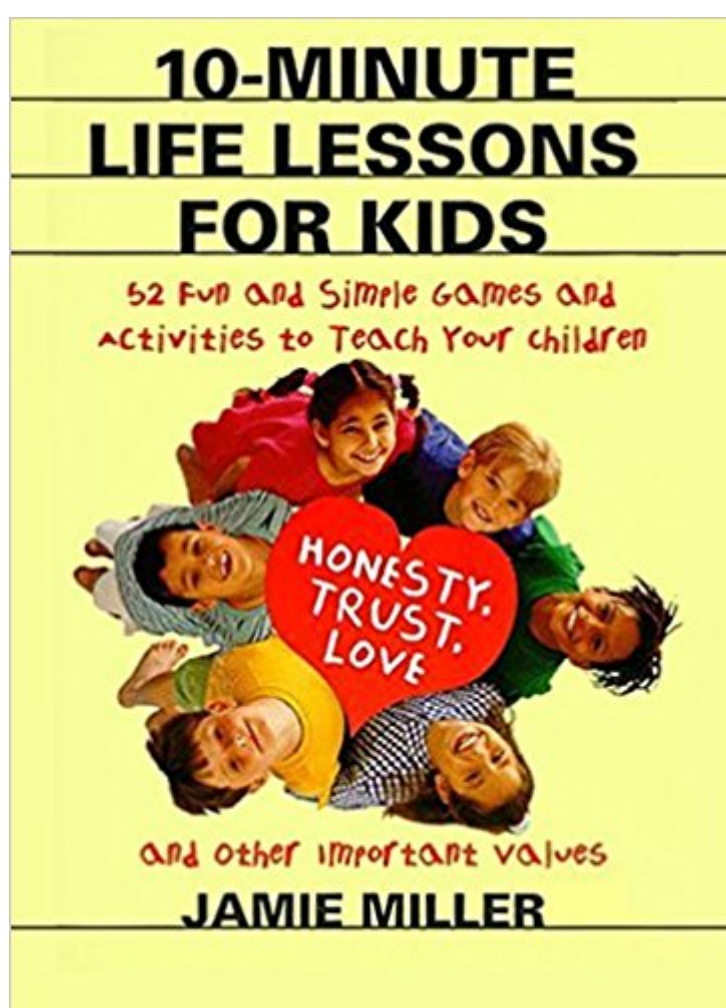


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# 10-Minute Life Lessons For Kids: 52 Fun And Simple Games And Activities To Teach Your Child Honesty, Trust, Love, And Other Important Values



## Synopsis

52 playful and easy to understand activities to help parents teach children moral lessons that they won't forget. A child says, "I hear and I forget, I see and I remember, I do and I understand."

10-Minute Life Lessons for Kids is a book about seeing and doing--a book that gives parents the ability to teach the powerful principles of honesty, trust, generosity, love, and other values. Children will discover the objectives themselves as they actively participate in fun games and activities. The games can be done in any order, with very little planning and with very few supplies--just common objects most people have around the house like toothpicks, string, pennies, or an apple. Some can be done while riding in the car, and others can be expanded to fill a whole evening with family fun. The activities in 10-Minute Life Lessons for Kids will not only create cozy and enjoyable moments of family togetherness, they will have a lasting impact on your growing child.

## Book Information

Paperback: 240 pages

Publisher: William Morrow Paperbacks; 1st edition (September 23, 1998)

Language: English

ISBN-10: 0060952555

ISBN-13: 978-0060952556

Product Dimensions: 5.3 x 0.5 x 8 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (41 customer reviews)

Best Sellers Rank: #25,505 in Books (See Top 100 in Books) #11 in [Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Home Repair](#) #34 in [Books > Parenting & Relationships > Family Activities](#) #98 in [Books > Politics & Social Sciences > Philosophy > Ethics & Morality](#)

## Customer Reviews

I purchased this book after reading the glowing reviews from other parents. The concepts are great, the games and activities - truly ten minutes or less - are creative and effectively teach the lessons they set out to teach. However, I disagreed with previous reviewers who found this book helpful for opening up lines of communication with their pre-teen and teenage children. These are sound lessons, but I don't see how any parent could get their older children to participate without a lot of eye-rolling and protests of "I am SO too old for this." More interesting for older kids are "201 Questions to Ask Your Parents" by Pepper Schwartz or "201 Great Questions for Kids and Parents"

by Jerry Jones. Both books allow older kids to ask parents about their feelings and life experiences in a way that makes them recognize parents as regular people, just like them, who grew up just like they did, learning and making mistakes along the way - not infallible, inaccessible, or larger-than-life as we sometimes seem.

I am an elementary school counselor and found several activities in this book to use in my classes. The students cheer when I walk in the room. They expect to learn through the fun activities I used from this book. If you like to have creative lessons you'll love this book!

I have used these activities with my kids, ages 5-13 and they love them! Doing these together has led to some wonderful discussions with my kids about important values. These games and activities are fun and easy and don't take much forethought or planning. I've never seen such an interesting approach to combining games and teaching values. Every parent should have this book to help get discussions going about important life lessons. It's a great tool!

We use the games in this book as the basis for discussions about character at the supper table with our 11 and 15 year olds. Jamie C. Miller had a great idea with this book. I think our kids will take away valuable lessons on values for their whole lives, and maybe do the same for their own kids someday. Also recommended: Norman Thomas Remick's book of character called "West Point: Character Leadership Education..", which is an education in and of itself, and which my husband and I constantly refer to.

Jamie Miller provides detailed instructions on how to teach the lessons in the book. Not only is it quick and easy to follow but the lessons I teach my kids, will stick with them for a long time and hopefully pass on to their kids. I am thankful for a book like this to help me raise my child in a positive and fun way.

While no single book replaces all parental discipline and the wisdom of the ages, this book gathers hundreds of ideas from different places. Everyone I've talked to has heard of one or two before--all different--but to have them all together is a great resource. More important, they work. They are fun; they increase involvement with teaching. And they provide valuable teaching moments in the context of having fun with your kids. A great find!

I was hoping this book would be a useful resource for developing supplemental activities for an elementary-level (K-5) curriculum on non-violence and conflict resolution. But it is really geared toward parents (as the title indicates), not educators. The activities and required materials are suitable for an interpersonal setting, not really for the average classroom or after school programs. I found that *104 Activities That Build: Self-Esteem, Teamwork, Communication, Anger Management, Self-Discovery, Coping Skills* by Alanna Jones, was more useful for my needs/goals.

I usually dog-ear (fold down the corners) of my favorite pages in these types of books. This particular book has every entry dog-eared. I can't believe the amazing ideas and life lessons that are presented with NO time or experience or tons of supplies needed. One of my kids favorites: put a piece of hard candy in your mouth. Put a rock in your shoe. Now walk around while sucking the candy. When the candy has finally dissolved, talk about what you thought about the experiment. The lesson is that you can focus either on the negative or positive - they're both in every situation; it's just how you choose to look at things. LOVE this book!!!!!! Please write more!!!

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